



The Bible reads: "God will put his angels in charge of you to protect you wherever you go. They will hold you up with their hands to keep you hurting vour feet on the stones. You will trample down fierce lions and poisonous snakes."

ngels can help us in having a good relationship with other people. Each morning we should pray to the guardian angels of the people whom by God's providence we will meet on that day. If you argue often with someone, pray to his guardian angel so that they will help you both to come to an amicable agreement.

We should invoke our guardian angel and the choirs of Powers and Virtues when we feel we may fall into temptation. We can call the angels when we are at the bedside of a dying person. They will help them to have a contrite heart and turn to Jesus who is the only Saviour.

If you have children you should often ask their guardian angels to protect and prevent them from all sorts of evil. We are encouraged to carry blessed holy medals of angels around our necks. When we have pictures or statues of angels in our homes, this environment will help us to be more aware of their presence and ask them for help and assistance more often.

The saints remind us of the angels, St Bernard says: "Always remember that you are in the presence of your guardian angel. Reverence for his presence, devotion to his benevolence, confidence in his care." St Padre Pio sent all the pilgrims who would come to him to San Giovanni Rotondo to the shrine of St Michael the Archangel in Monte Sant'Angelo. He said: "Go first to Saint Michael and later come to San Giovanni Rotondo."

The real devotion to the Holy Angels should consist in imitating them. The good angels did not commit sin and always did the will of God.

In practise, to imitate angels means: walking in the presence of God in the semi-darkness of our faith, doing God's will, thanking God for all, praising Him for His glory, goodness and love.

I assure you of the constant daily prayer of the priests of the Congregation of St Michael the Archangel for all our readers and their families. Please let others know about this magazine and help us to distribute it all over the world.

God bless you.

Fr Peter Prusakiewicz CSMA

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The **Angels** Messengers from a loving God

A Catholic Quarterly Magazine on Holy Angels

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The editors reserve the right to modify and edit submitted articles with a view to brevity, clarity and style.

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Imprimatur: General Superior of the Congregation of St Michael the Archangel Circulation: 7 000

ISSN 2081-5077 Printed in Poland

Fashion is one of the important springs of social and economic, and certainly cultural life. People like change. The snag is that this is not always the case. And advertising tries to win on what is fashionable. The same merchandise, even if it was healthier, better, cheaper, loses with what is trendy. Business knows this phenomenon and ruthlessly takes advantage of it.



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Is it wrong to be fashionable?

▼ he concept of fashion is most often associated with the preoccupation for one's appearance. This theme was very close even to ancient Christians. Where does the secret of the wisdom of the first generations of Christian believers lie?

Human beings are created in God's image and therefore one has to look after not only their spirit, but also after their body. Christians wanted, however, this preoccupation to be wise and insisted on caring for natural beauty, warning against everything that violates it.

It is a stereotype to think that only women yield to fashion. Even in ancient Christian writings men were warned against their excessive focus on fashion. The Fathers of the Church made many bitter remarks about fashionable and effeminate men. In one of his homilies St John Chrysostom made fun

of young men's shoes trimmed with silk lace. Clement of Alexandria in his treatise "Educator" rebuked Christians who imitated women to the maximum extent, only stopping at using women's jewellery. And many of the remarks on this subject sound so up to date that you could reprint them and nobody would notice that these words were written 1700 years ago.

Going out to meet people, you have to look neat and in some situations even elegant. A teacher, a principal, a salesperson, a doctor, a cashier all have to take care to represent not only themselves but also the "company" for which they work. Christians represent the Lord in the world so it is advisable for them to look well.

There is nothing wrong with cosmetics and jewellery but it can be really expensive. We should ask ourselves whether we spend money on them in a reasonable and moderate way. The same refers to trendy clothes. Some of them fit you very well whereas others uncovering too much cause people's glimpses into intimate body areas.

According to St Cyprian, looking too much at yourself turns your focus away from God and leads to putting ourselves in the centre of our interests. Too much care about appearance and attracting attention to oneself easily links to erotic provocation. From this point of view we have to value shame as one of the important elements of an individual's personality. Positive natural shame may be compared to a lock in the door: it protects the most valuable and intimate area in the human heart. If shame is destroyed, the lack of it also transfers to the clothes one wears.

Fr Edward Staniek

Saints befriended with St Michael

The investigation into angels is often coloured by preconceived notions and false presuppositions that one brings to the Tradition, to the Scriptures, and to the experience of faith for verification. In this reflection, I hope to move out of my own faith experience rooted in a community of faith and to converse with Scripture, Tradition and theology. Let it be said from the start that angels (divine messengers) were and continue to be perceived only by people of faith.

he concept of Divine intervention and revelation is completely foreign to a sophisticated culture that is biased toward technology and comprehended in terms of science, logic and reason. People of faith see things differently than do those who do not believe; a poet sees the world differently than does a mechanic; and so do those who believe in miracles and dreams than those who confine their interest to the material and to the present.

In his first Rule of the Order, St Francis of Assisi called on all creatures and in particular the Virgin Mary and St Michael the Archangel, to express their gratitude towards God for all His graces. He asked St Michael to protect him in a battle with the Powers of Darkness. St Francis had a vision of St Michael in 1224, after which he fasted for forty days (15th Aug – 9th Sep) to honour the archangel who introduced Mary to Heaven. Having known St Francis' devotion to St Michael, St Clara blessed her spiritual daughters and prayed for Mary and St Michael's intercession for the order.

St Frances of Rome (1384-1440) did not leave any writings, but according to her biographer, she was particularly devoted to St Michael: "In her spiritual battles the archangel was her shelter and protection. Rays of light coming from her forehead made the demons keep their distance from her. She was not afraid of evil traps and ferocity."

In her most difficult spiritual concerns and torments, St Teresa of Jesus (1515-1582), the great reformer of the Carmelite Order, prayed most often to St Michael the Archangel. Another Carmelite, St John of the Cross (1542-1591), mentioned that God chose holy places like Mount Gargano in Italy, which was devoted to the archangel.

St Francis de Sales (1567-1622) claimed that the food of angels was to fulfil God's will. Because Lucifer did not want to submit to God, St Michael admonished him with the words "Who is like God!" and pushed him down to hell. Following that, the archangel and the other angels decided to yield to God's will and this made them eternally happy. De Sales supposed that fallen angels felt jealous when they gained knowledge about the salvation of human beings through



■ St Theresa of Jesus by Peter Paul Rubens, 1615

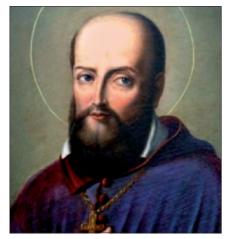


■ St Francis of Assisi by Benozzo Gozzoli, 15th cent.

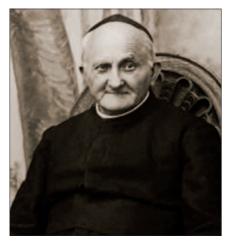
God's Son. That was the reason why Lucifer persuaded our first parents Adam and Eve to sin.

St Michael appeared to St Joan of Arc (1412-1431), the French mystic, and encouraged her to take part in the liberation of her country. Thanks to heavenly help during the One Hundred Years War (1337-1453) the 17-year-old Joan led the French army to a victorious

battle at Orleans. She had a picture of our Saviour and Mary surrounded by angels on her banner. The liberation of Orleans from English hands made French people fight against these invaders. However, Joan was captured and burnt at the stake as a heretic. But, before she died she prayed: "St Michael, my voices did not let me down. God



■ St Francis de Sales



■ Bl Arnold Janssen

has sent me!" In 1456 her sentence was considered to be illegal by the Apostolic See; Pope Leo XIII agreed to prepare her beatification. In 1920 Joan of Arc was canonised.

St John Vianney (1786-1859) emphasised the role of angels, who served people when they were in need. We should unite with them in prayers because God is fond of them.

The Carmelite mystic, Blessed Elizabeth of the Trinity (1880-1906), expressed her vision of St Michael in a motto "Quis ut Deus" ("Who is like God" in Latin), written shortly before her death, on September 26, 1906. Referring to the thought of St Catherine of Siena, Elizabeth expresses desire of donation "drop by drop" of life for the Church in contempt for "the world's admiration". "Who is like God" is a literal translation of St Michael's name. The motto requires continuous conversion to Christ and enrichment by His love and humility. Indeed, He loves "the small, humble, ravaged by sacrificial love to acquire, and grab the souls". In that way Blessed Elizabeth expressed the meaning of the St Michael's name.

Founder of the Congregation of the Divine Word, Blessed Arnold Janssen (1837-1909) also belonged to the great devotees of St Michael. No wonder that he chose St Michael as a patron saint for a religious house he had founded in 1875 in Steyl, the Netherlands, having as its main task that of preparing for missionary work. In a letter to the Bishop of Spira, Boniphatius von Haneberg, from October 11, 1875 he wrote: "Our beginning is very small and modest, but our needs are great. However, it develops with the help of God and the care of our patron saints (St Michael as the main patron, St Joseph, St Anne as the mother of many apostolic men and the saintly three magi as the first convert gentiles, as our secondary patrons. Moreover, we honour the Word of God living in the Heart of Jesus and the Immaculate Heart of Mary, to whom the house is devoted), which we call several times a day." Janssen and his spiritual children called for the intercession of St Michael in everyday situations. The archangel was presented as a model of humility and obedience to God and His laws.

Janssen also edited the Calendar of St Michael into Dutch. What is worth mentioning is that the Missionary Printing House of St Michael operated there since 1874. They published two magazines devoted to Catholic subjects.

The spiritual diary of the founder of the Society of the Divine Saviour (commonly known as the Salvatorians), Venerable Francis Jordan (1848-1918), also shows the developed reverence for St Michael the Archangel. He writes briefly about the qualities of angels, sometimes mentioning the name of St Michael and requesting his help in the difficulties of life. It turns out that Fr Francis Iordan chose St Michael as one of the patrons of the Society of the Divine Saviour, emphasising the devotion to this archangel as a defender of God's laws and by that God's Church also.

St Faustina Kowalska (1905-1938), on 14th of July 1936, noted in her Diary: "I have great reverence for Saint Michael the Archangel; he had no example to follow in doing the will of God, and yet he fulfilled God's will faithfully" (Diary 667). This statement she preceded by a short reflection on the need to carry out the will of God. In the same year under the date 29th September, she wrote: "On the Feast of Saint Michael the Archangel, I saw by my side that great leader, who spoke these words to me: "The Lord has ordered me to take special care of you. Know that you are hated by evil; but do not fear - 'Who is like God!' And he disappeared. But I feel his presence and assistance." (Diary 706).

Although we do not find any more information about the revelation of St Michael, but these two notes, clearly demonstrate a great role the archangel played in the spiritual life of St Faustina.

Fr Jerzy Misiurek

Interested in becoming a devotional Knight of St Michael?

- Daily Bible reading
- Daily exorcism prayer to St Michael
- Daily angelic chaplet to St Michael
- Fast each Friday on bread and water (or a good deed if a fast is impossible)
- Nine day Novena to St Michael before the feast day on 29th September.

he Knighthood is overseen by the Congregation of St Michael the Archangel. During a trial period of three months the candidate should follow all the rules of this devotion. After a three month trial period a woman or man can then make a promise between themselves and God privately.

Many Knights read The Angels Messengers from a loving God magazine to gain more knowledge on the spirituality of the angels and Divine Mercy.

Devotional Knights are people of quiet prayer, confirmed Catholics, who are open to the Holy Spirit and give themselves to Christ, unite with Him, and help the Church by keeping demons away from Her.

The main duty of the Knights is the continuous effort to be in a state of grace in friendship with God so they can exclaim about Satan: "He has no power over me" (John 14:30).

All Knights must respect the Holy Father, bishops, priests and all the teachings of the Church. An attitude of humility and obedience towards God and the Church should be an obvious feature of every Knight. Any Catholic man or woman who desires to become a Knight is required to follow the rules of this devotion. The main task of the Knights is to proclaim the victory of Jesus Christ over Satan. The Knights are on a mission to expiate God for the sins of humankind and to obtain the conversion of sinners. They aim to achieve this by reciting the prayer of St Michael the Archangel to defend us in the day of battle (see back of magazine). This simple prayer of exorcism said every day is to keep away evil spirits from oneself, the Church and the whole world, particularly from those that are tempted and possessed by Satan. To help one another devotional Knights say a prayer for each other every day.

For further information on the Devotion Knight of St Michael please contact me personally by letter or email redakcja.kjb@gmail.com.

Father **Piotr Prusakiewicz** CSMA General Animator of the Knighthood Congregation of St Michael the Archangel ul. Pilsudskiego 250 05-261 Marki, Warsaw, Poland

The Knighthood FAQ

Daily Bible reading. Do we start from the Book of Genesis? What is recommended for the daily Bible reading?

Choose any passage from the New Testament. It is good to start from the Gospel of Matthew or Luke. Read the words and ask God to let the passage speak to you. Pay special attention to anything that strikes you and ask God what He wishes for you to draw from that message.

What is the daily exorcism prayer to St Michael?

The daily exorcism prayer is the prayer by Pope Leo XIII which is on the back page of every magazine and in the new booklet.

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host - by the Divine Power of God - cast into hell, Satan and all the evil spirits, who roam throughout the world seeking the ruin of souls. Amen.

Monthly Eucharistic Adoration and Reconciliation. Are there special prayers or anything in particular that is to be done during the Eucharistic Adoration?

Depending on the time availability (some people can only spare a short time, others can afford one hour) during the Monthly Eucharistic Adoration one should kneel before the Blessed Sacrament. If you are able to spend one hour this is a personal invitation from Jesus to you, reflect on some suggestions listed below.

1. Pray the Psalms or the Liturgy of the Hours

Whether you are praising, giving thanks, asking for forgiveness or seeking an answer, you will find an appropriate psalm. The ancient prayer of the Church called the Liturgy of the Hours presents an excellent way to pray through the Book of Psalms throughout the year.

2. Recite the "Jesus Prayer"

Say "Lord Jesus, have mercy on me, a sinner", repeatedly as you quiet your heart and mind.

3. Meditate using Scripture

Choose a passage from the Bible. read the words and ask God to let the passage speak to you. Pay special attention to anything that strikes you and ask God what He wishes for you to draw from that message.

4. Read the life of a saint and pray with him or her

Most holy men and women have had a great devotion to Our Lord in the Eucharist. Therese of Lisieux, Catherine of Siena, Francis of Assisi, Thomas Aquinas, Peter Julian Eymard, Dorothy Day. Mother Teresa of Calcutta and Baroness Catherine de Hueck are just a few. Read about them and pray their prayers before the Blessed Sacrament.

5. Pour out your heart to Christ and adore Him

Speak to Jesus, aware that you are in His presence, and tell Him all that comes to your mind. Listen for His response. Pray the prayer that St Francis instructed his brothers to pray whenever they were before the Blessed Sacrament: "I adore You, O Christ, present here and in all the churches of the world, for by Your holy cross You have redeemed the world."



THE KNIGHTHOOD

6. Ask for forgiveness and intercede for others

Think of those who have hurt you and request a special blessing for them. Ask God to forgive you for all the times you have neglected or hurt someone else. Bring before the Blessed Sacrament all those who have asked you to pray for them. Ask the Lord to address their concerns.

7. Pray the Rosary

Pope John Paul II reminds us that "is not..." the enraptured gaze of Mary as she contemplated the face of the newborn Christ and cradled him in her arms, that unparalleled model of love which should inspire us every time we receive Eucharistic communion?" (The Church and the Eucharist, 55) Ask Mary to join you as you gaze on Christ in the Eucharist and as you pray the Rosary.



■ The Eucharistic Miracle in Lanciano, Italy

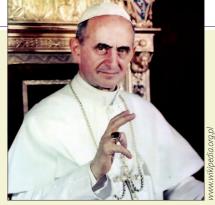
8. Sit quietly and just "be" in the presence of God

Think of a visit to the Blessed Sacrament as coming to see your best friend. Sit quietly and enjoy being in each other's company. Instead of talking to the Lord, try listening to what He wants to tell you

Is there an official enrolment to the Knighthood of St Michael?

This is a devotion and therefore there is no need for an official enrolment. However if the General Animator of the Knighthood, in this case Fr Peter Prusakiewicz CSMA, is on a mission in a particular country and a group want to make their promise before God then an an official enrolment can take place after the Holy Mass with written prior notice given, this has happened in Ireland. Together the people will read the promise from page 8 of the new booklet.

The orginal 40 Statutes were difficult for a good number of ordinary laypeople with work, family and other commitments; However they very much wanted to become a Knight. Many people were already doing 80% of the requirements, such as daily Bible reading, the daily exorcism prayer to St Michael, the daily angelic chaplet to St Michael, fasting each Friday on bread and water or a good deed if a fast is impossible, monthly reconciliation, monthly Eucharist Adoration and once a year the Nine day Novena to St Michael on 29th Sept. Due to the interest in many people wanting to become Knights of St Michael the Superior General of CSMA in August 2013 decided to make this a devotion, therefore making it possible for every layperson in any country in the world to become a Devotional Knight of St Michael. In the new booklet on The Devotional Knighthood of St Michael published in Feb 2014 people can read all about the knighthood.



■ Pope Paul VI

The Devil can easily penetrate and change the human mind

his matter of the Devil and of the influence he can exert on individuals as well as on communities, entire societies or events, is a very important chapter of Catholic doctrine which should be studied again, although it is given little attention today. Some think a sufficient compensation can be found in psychoanalytic and psychiatric studies or in spiritualistic experiences, which are unfortunately so widespread in some countries today.

People are afraid of falling back into old Manichean theories, or into frightening deviations of fancy and superstition. Nowadays they prefer to appear strong and unprejudiced to pose as positivists, while at the same time lending faith to many unfounded magical or popular superstitions or, worse still, exposing their souls - their baptised souls, visited so often by the Eucharistic Presence and inhabited by the Holy Spirit! - to licentious sensual experiences and to harmful drugs, as well as to the ideological seductions of fashionable errors. These are cracks through which the Evil One can easily penetrate and change the human mind.

Deliver us from evil (part 3)

This is not to say that every sin is directly due to diabolical action; but it is true that those who do not keep watch over themselves with a certain moral rigour are exposed to the influence of the "mystery of iniquity" cited by St Paul which raises serious questions about our salvation.

Our doctrine becomes uncertain, darkness obscured as it is by the darkness surrounding the Devil. But our curiosity, excited by the certainty of his multiple existence, has a right to raise two questions. Are there signs, and what are they, of the presence of diabolical action? And what means of defence do we have against such an insidious danger?

Denial of God

We have to be cautious about answering the first question, even though the signs of the Evil One seem to be very obvious at times. We can presume that his sinister action is at work where the denial of God becomes radical, subtle and absurd: where lies become powerful and hypocritical in the face of evident truth; where love is smothered by cold, cruel selfishness; where Christ's name is attacked with conscious, rebellious hatred, where the spirit of the Gospel is watered down and rejected where despair is affirmed as the last word; and so forth.

But this diagnosis is too extensive and difficult for us to attempt to probe and authenticate it now. It holds a certain dramatic interest for



everyone, however, and has been the subject of some famous passages in modern literature. The problem of evil remains one of the greatest and most lasting problems for the human mind, even after the victorious response given to it by Jesus Christ. "We know," writes St John the Evangelist, "that we are of God, and the whole world is in the power of the evil one."

Grace is the decisive defence

It is easier to formulate an answer to the other question – what defence, what remedy should we use against the Devil's action? – even though it remains difficult to put into practice. We could say: everything that defends us from sin strengthens us by that very fact against the invisible enemy. Grace is the decisive defence. Innocence takes on the aspect of strength. Everyone recalls

how often the apostolic method of teaching used the armour of a soldier as a symbol for the virtues that can make a Christian invulnerable. The Christian must be a militant; he must be vigilant and strong; and he must at times make use of special ascetical practices to escape from certain diabolical attacks. Jesus teaches us this by pointing to "prayer and fasting" as the remedy. And the Apostle suggests the main line we should follow: "Be not overcome by evil, but overcome evil with good." With an awareness, therefore, of the opposition that individual souls, the Church and the world must face at the present time, we will try to give both meaning and, effectiveness to the familiar invocation in our principal prayer: "Our Father... deliver us from evil!"

May Our apostolic blessing also be a help toward achieving this.

Pope Paul VI

General Audience 15th November, 1972
Taken from www.vatican.va

St Michael at my house!

Heavenly encounters with angels usually take place within the soul, coming to maturity and bearing fruit. Our reader makes out a case for a concrete earthly meeting with the Archangel.

s a 5-year old girl, I can recall being taken by my parents to **L** a playgroup for children run by the Sisters of St Michael. That was the first time that I can consciously remember hearing of St Michael the Archangel. It was thanks to this group and to the "Oasis" summer camps ran by the Michaelites, that I came to know the Mother of God more deeply and that I had my first personal encounter with the Lord Jesus. Today, I can clearly understand that, with love and humility, hidden behind the Michaelite priests and nuns, stands St Michael the Archangel.

As an 18 year-old I searched for someone to direct me in my spiritual life. God placed Fr Peter Prusakiewicz, also a Michaelite, in my path. It was through this priest, that I experienced St Michael on each of my journeys to Mount Gargano, the place of the apparitions of St Michael the Archangel.

My heart was touched

I visited the shrine on three occasions. While at Mount Gargano my heart was touched through the intervention of the Archangel. In the Grotto of Reconciliation I prayed and made

decisive good decisions for my life going forward. This followed a very deep and heartfelt confession. I reflected on my mistakes and that I clearly saw what was most important, that is, to rest in the Heart of God. I would return to the grotto on each day and fell more in love with St Michael the Archangel and filled with a strong desire to become ever more closer to God, my Creator. Today I know that it is this angel, who gazes at the face of the Almighty, whose intercession obtains for us graces which we will only come to know and understand after death.

St Michael obtained a particular grace for me. One day I had said to God that I would wish to meet Pope John Paul II, now a saint, face to face. A few days later, I had a phone call from a priest I know, encouraging me to go on an "Angelic" pilgrimage. It was on this pilgrimage that I met the Pope.

We intercede to St Michael

My next trip to Mount Gargano, in 2005, was very significant for me. It was just after my wedding, together with the husband I had prayed for so long; we had the opportunity and joy of taking



part in the pilgrimage and consecrating our new family to the protection of St Michael the Archangel. Today, both of us venerate him and we continue to submit ourselves, and all our affairs and concerns, to his intercession.

Yearning to return

When you have once stood in this extraordinary shrine in the presence of St Michael the Archangel, you will always long to return. We can sense we have touched heaven when we are in this miraculous grotto and stand in its ante-chamber.

In my heart, I often said to St Michael that our next meeting would not take place for a long, long time. Because, as a mother of two children, it seemed impossible for me to go on another nine-day pilgrimage. However God, the author of all good desires in our hearts, also later fulfils them, as for Him, nothing is impossible!

The statue of St Michael

One April day in 2013 I got a phone call from the Michaelite Fathers. We



Holy Mass during the visitation of the statue of St Michael in Polish parish

were requested to help in constructing a wooden base for the statue of St Michael the Archangel. This was, however, no ordinary statue, but one intended to carry the statue of St Michael the Archangel around Poland and to be blessed at the grotto at Mount Gargano. I asked that St Michael be brought to our joinery workshop. It is hard to describe the joy I felt during this extraordinary meeting. In a moment of silence, gazing at the face of the Archangel, I said to him in my heart: "St Michael, it is wonderful what you are doing for me. I cannot come to you, so you came to me... May God who sends you at this time and place, be praised!"

And so, being fully aware that this was not just a sculpture, but that the spiritual presence of the Archangel had indeed visited my office, I took the decision to invite as many people as was humanly possible, to come to pray together before the statue.

St Michael the Archangel brought a great number of people, including, to my delight, two groups of nursery school children (around 50 children). There was great emotion, faith-filled requests, thanksgiving and time spent in getting to know St Michael.

Scapular of St Michael

In the end, St Michael fulfilled another wish and stayed for a short while in my garden. I said an emotional farewell to my beloved intercessor and, a few days later, was added to the host of his devotees when I accepted the scapular of St Michael the Archangel. I and all my family are now under the very best of wings!

That seemed like the end of the visit to my house. However, St Michael had other plans. Fr Peter called me asking for assistance with the statue of St Michael during a huge Catholic retreat event called "Jesus at the Stadium" led by Fr John Bashobora from Uganda.

It was a source of unutterable joy and a great honour that I could once again be of service to St Michael and bring him to thousands of people who would get to know him and experience his presence.

After this event, I was to have returned the statue to Marki, near Warsaw but it turned out that the event had gone on much later into the evening and so the Archangel ended up at my house! He had once again renewed our faith, and devotion to him increased among the people whom he brought to my home.

The next day I should have returned the statue to the House of the Congregation of St Michael but again St Michael wanted to stay with us longer. It turned out that Fr Peter was away and could not meet us. St Michael extended his stay with us by a few extra days. All this had surprised me and made me very happy, as somewhere in the depths of my heart I understood that these incidents could not be accidental. I asked St Michael

what he wanted and that if God had a specific plan in mind for this time, that it should be accomplished according to His will.

Sharing St Michael with others

During Holy Mass on the Monday, the thought occurred to me to take the statue to the Sisters of St Michael in our parish. I thought that, in the Sisters' chapel, he would be able to bring more people to him and to gain more glory than in my house. I decided, however, to first consult my parish priest.

I said "Father, I have the statue of St Michael the Archangel from Mount Gargano at my home and would like to ask...", but was unable to complete the sentence, as Fr Maciej interrupted me, saying: "Well, it's an excellent occasion to introduce the statue to people during Mass and to give them the opportunity to pray." That day I clearly saw the working of Divine intervention. I understood that God requires only one thing in order to perform miracles among us - faith and a heart which is open to his Will. My heart was filled with great joy because of all that had taken place before my very eyes and I understood that we are given much more than we can imagine, anticipate or desire. I also observed that St Michael was entering into the life of our parish community with great glory and vigour.

Strong desire

Another gift which I received from St Michael at this time was the strong desire that as many people as possible

TESTIMONIES

would get to know St Michael the Archangel from Gargano and place themselves under his protection.

It quickly became apparent how many hearts had been touched by St Michael. More and more people expressed a desire to get to know the Archangel. A special Mass with sixty scapulars were placed on these new devotees. Devotional Knights of St Michael were to follow and are now spreading in many countries.

Filled with joy after all that had happened, I, together with my husband and children, returned the statue to the Michaelite Fathers in Marki. Speaking to Fr Peter, I expressed my longing to revisit the site of the apparitions of St Michael in Italy. When Fr Peter informed us that this year part of group would travel by plane and the other by coach, to my great surprise my husband joyfully agreed to this option. He said that the journey should not be too difficult for us and our children (we were, by then, expecting our third child). I could hardly believe what was happening and could not stop thanking my friend, St Michael, in my heart, for this miraculous invitation.

Together with friends, we embarked on our spiritual journey on 24th September and were able to attend Holy Mass in the shrine of St Michael the Archangel at Monte Sant'Angelo on two occasions. One such occasion was on Sunday 29th September, on the Feast of St Michael, with a packed cave of pilgrims. Those who have visited know that it is extraordinarily difficult to get into the shrine for Mass, due to the sheer volume of people and the length of the queues. I fervently asked St Michael to help me to get into the church to attend this Mass on time. One of the priests suggested to me to take the lift,

and thanks to the kindness of many people, we found ourselves a seat at the start of the Holy Mass.

Understanding the spiritual world

I know that we cannot entirely perceive and understand the spiritual world, and that only a tiny fraction of the greatness and significance of the events which God calls us to share in is obvious to us. That day, the 29th of September, tears flowed down my cheeks, tears of joy and thanksgiving, that all of us who went there, together with our children, including my unborn child, were standing in that holy place and having a share in the graces of the indulgences obtainable on that day and in the Glory of Our Lord.

San Giovanni Rotondo

I had once again the opportunity to visit San Giovanni Rotondo and saw my beloved Padre Pio. On this occasion I saw the face of this saint in his earthly remains and felt as if I had finally met a beloved friend. On an unplanned trip we also managed to visit the site of the Eucharistic Miracle at Lanciano. I feel all these surprises were gifted to us through the intercession of St Michael the Archangel.

Saint Michael! It only remains for me to thank you and to remain faithful to my resolutions! Emboldened by your activity, I now expect even more in my parish, in my homeland and in every place which you wish to reach! WHO IS LIKE GOD!

> Katarzyna Szatkowska Wolomin, Poland



Reminiscences of the life of the Apostle of the Divine Mercy.

Sister Faustina was sent to help in the garden. She was very prudent in co-operating between those responsible for the kitchen and the garden, attempting to satisfy the demands of all the sisters, giving them what they asked for and never refusing any sister. Having been a cook herself she knew what was needed for the kitchen.

Settling matters amicably with the other sisters

This was not so easy, as the sister responsible for the garden was very sparing with the vegetables which she supplied to the kitchen. However, there was no ill-feeling between the cooks and the sister responsible for the garden during the whole time that Sister Faustina supplied vegetables for the kitchen.

Previously, there had been misunderstandings between some of the

St Faustina, obedient in adversities

other sisters and given the character and personalities of the sisters involved, great tact was required to settle such matters amicably. Sister Faustina must have done everything with the help of the Lord Jesus. I once asked her: "Is it good to be working in the garden, sister?" To which she answered: "Sister, I do the will of God, so it is very good. There will always be adversity but, we must remember that it is given by God." Sister Faustina's attitude to work, to children, to the sisters and to her duties as a religious, was always one that built up the morale of others around her.

Unfavourable comments

In March 1938 Sister Faustina, by then very weak, lay in isolation. She had been given peas to shell. They lay untouched for some time and Sister Faustina made a beautiful decoration with them that was to form part of the decoration for the three altars. The unshelled peas were the subject of some annoyance and unfavourable comments in the house, directed against Sister Faustina. When visiting her, I quite sincerely asked her why she was making a decoration rather than shelling the peas in accordance with her duty of obedience, to which she quietly answered; "I don't think that

the Lord Jesus is demanding it of me but I wanted so much to complete the decoration as it is for the Lord Jesus for the altar and besides I get so tired shelling peas!" "Does making the decoration not tire you?" I then asked, to which she answered: "No, it doesn't". I then went to the Mother Superior asking that she should be relieved of the task, repeating the words that I had just heard from Sister Faustina: "I get so tired, shelling the peas".

Lord Jesus in Holy Communion. I visited her on the third day and said: "Sister, you've been lying here for three days without receiving the Lord Jesus, how can you stand it?" To which she replied: "The Superiors know that I'm lying here." It seemed as if she felt forgotten and did not complain, even though it must have caused her emotional pain. A few of the sisters said that she prayed too



In 1937-1938 Sister Faustina stayed mostly in the "Antoninek", the small outbuilding by the gate on the first floor, together with Sister Gertruda. They observed the silence well and when Sister Faustina sometimes talked unnecessarily, she would accuse herself of this transgression immediately.

Little understanding for such perfection

She was once ill and lay in bed for three days without receiving the long in the chapel, that she was being spoilt, that she had arranged to live like a duchess and that they could not understand such perfection. This gossip did reach her ears in a roundabout way, but human considerations interested her little, it was very evident that she was only interested in pleasing the Lord Jesus.

Sister **Felicia Zakowiecka** Warsaw, 5 October, 1956

Taken from "Oredzie Milosierdzia"



Healing through St Faustina

would like to tell you about the healing of my son, Peter, from a sports injury. One Thursday evening, having returned home from a meeting of the Divine Mercy prayer group in our parish, I went up to help my son get ready for bed. We talked about his injury, his "Achilles' heel", which he had now had to put up with for two seasons. It was extremely painful. He was then waiting for a referral to a specialist, as the pain had become excruciating.

As we began to pray together, I suggested that we ask St Faustina for a miracle. I made the Sign of the Cross with holy water which I had brought from church. I then placed a picture of St Faustina with a third class relic, on the injured leg, and simply asked for healing for Peter. I recalled the events which had caused the injury, when Peter had deliberately been kicked from behind, which had not only made it difficult for him to play sport, but also to function normally. I

felt great resentment for the boy who had acted in this way.

As soon as we finished praying, Peter said: "Dad! What did you do? It's stinging!" I thought at first that a blister had been in touch with the holy water. After a while, I asked: "Is it still stinging, Pete?" He said that it was. It was then that the thought struck me. I said: "Maybe you've been healed, Pete!" That was exactly what had happened. Since that time, Peter has had no pain. Three weeks later, after our prayer, he said: "I can't believe that this could have happened to me, Dad!" I reminded him that this was a gift from heaven, from St Faustina, and told him never to forget it.

I could also add that Peter had been very deeply affected by the news that his older brother, Jamie, was gay. That broke him. It was like a grief. As a result, he lost his self-confidence and his earlier love of football. That was why his promise of playing for Aston Villa

had never been fulfilled. St Faustina showed herself to him in a dream, saying that if he prayed and trained hard, his dream would be fulfilled. I therefore brought Peter to the Shrine of Divine Mercy, in October 2009, in thanksgiving for his physical healing and asking for his heart to be healed also. Our prayer has again brought the expected spiritual fruits. Peter is now completely back on form. Thanks be to St Faustina for her wonderful intercession before the Merciful Jesus!

I hope that this testimony may be an encouragement to others, as many healings take place and many prayers are heard by the Merciful Jesus. My neighbour's son and his friend had been mugged and left for dead. Both ended up in intensive care with little chance of survival. When I asked my neighbour how his son was doing, he broke down in tears, and said: "They've told me that he won't live!" I asked if he would mind if I visited, taking a picture of the Divine Mercy? My neighbour is not a Catholic, he is probably an atheist, so, after my short explanation, he answered that he would try anything which could help his son. When I went home for the picture, the phone rang. My friend had rang, and asked me to go to the hospital, to visit a quite different boy, who was the son of his friend. "What a coincidence!" I said, "as I had just been speaking to the father of a different boy and suggested that I would visit!" We both went to visit the boys, we prayed over them and left pictures of the Divine Mercy by their beds. Three weeks later, I was playing football in the local park with my neighbour's son! Both boys have made a complete recovery! This all took place six years ago.

PW from Great BritainTaken from "Oredzie Milosierdzia"

Proclaiming Divine Mercy (part 3)

The Old Testament

4. The Concept of 'Mercy' in the Old Testament

The concept of "mercy" in the Old Testament has a long and rich history. We have to refer back to it in order that the mercy revealed by Christ may shine forth more clearly. By revealing that mercy both through His actions and through His teaching, Christ addressed Himself to people who not only knew the concept of mercy, but who also, as the People of God of the Old Covenant, had drawn from their age-long history a special experience of the mercy of God. This experience was social and communal, as well as individual and interior.

Israel was, in fact, the people of the covenant with God, a covenant that it broke many times. Whenever it became aware of its infidelity - and in the history of Israel there was no lack of prophets and others who awakened this awareness - it appealed to mercy. In this regard, the books of the Old Testament give us very many examples. Among the events and texts of greater importance one may recall: the beginning of the history of the Judges, the prayer

of Solomon at the inauguration of the Temple, part of the prophetic work of Micah, the consoling assurances given by Isaiah, the cry of the Jews in exile, and the renewal of the covenant after the return from exile.

It is significant that in their preaching the prophets link mercy, which they often refer to because of the people's sins, with the incisive image of love on God's part. The Lord loves Israel with the love of a special choosing, much like the love of a spouse, and for this reason He pardons its sins and even its infidelities and betrayals. When He finds repentance and true conversion, He brings His people back to grace. In the preaching of the prophets, mercy signifies a special power of love, which prevails over the sin and infidelity of the chosen people.

In this broad "social" context, mercy appears as a correlative to the interior experience of individuals languishing in a state of guilt or enduring every kind of suffering and misfortune. Both physical evil and moral evil, namely sin, cause the sons and daughters of Israel to turn to the Lord and beseech His mercy. In this way David turns to Him, conscious of the seriousness of his guilt; Job too, after his rebellion, turns to Him in his tremendous misfortune; so also does Esther, knowing the mortal threat to her own people. And we find still other examples in the books of the Old Testament.

At the root of this many-sided conviction, which is both communal and

personal, and which is demonstrated by the whole of the Old Testament down the centuries, is the basic experience of the chosen people at the Exodus: the Lord saw the affliction of His people reduced to slavery, heard their cry, knew their sufferings and decided to deliver them. In this act of salvation by the Lord, the prophet perceived his love and compassion. This is precisely the grounds upon which the people and each of its members based their certainty of the mercy of God, which can be invoked whenever tragedy strikes.

Added to this is the fact that sin too constitutes man's misery. The people of the Old Covenant experienced this misery from the time of the Exodus, when they set up the golden calf. The Lord Himself triumphed over this act of breaking the covenant when He solemnly declared to Moses that He was a "God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness." It is in this central revelation that the chosen people, and each of its members, will find, every time that they have sinned, the strength and the motive for turning to the Lord to remind Him of what He had exactly revealed about Himself and to beseech His forgiveness.

Thus, in deeds and in words, the Lord revealed His mercy from the very beginnings of the people which He chose for Himself; and, in the course of its history, this people continually entrusted itself, both when stricken

THE TEACHING OF POPE JOHN PAUL II

with misfortune and when it became aware of its sin, to the God of mercies. All the subtleties of love become manifest in the Lord's mercy towards those who are His own: He is their Father, for Israel is His firstborn son; the Lord is also the bridegroom of her whose new name the prophet proclaims: Ruhamah, "Beloved" or "she has obtained pity".

Even when the Lord is exasperated by the infidelity of His people and thinks of finishing with it, it is still His tenderness and generous love for those who are His own which overcomes His anger. Thus it is easy to understand why the psalmists, when they desire to sing the highest praises of the Lord, break forth into hymns to the God of love, tenderness, mercy and fidelity.

From all this it follows that mercy does not pertain only to the notion of God, but it is something that characterises the life of the whole people of Israel and each of its sons and daughters: mercy is the content of intimacy with their Lord, the content of their dialogue with Him. Under precisely this aspect, mercy is presented in the individual books of the Old Testament with a great richness of expression. It may be difficult to find in these books a purely theoretical answer to the question of what mercy is in itself. Nevertheless, the terminology that is used is in itself able to tell us much about this subject.

The Old Testament proclaims the mercy of the Lord by the use of many terms with related meanings; they are differentiated by their particular content, but it could be said that they all converge from different directions on one single fundamental content, to express its surpassing richness and at the same time to bring it close to man under different aspects. The Old Testament encourages people suffering from misfortune, especially those weighed down by sinas also the whole of Israel, which had



■ Prophets by Fra Angelico, 1447, Chapel of San Brizio, Duomo, Orvieto

entered into the covenant with God - to appeal for mercy, and enables them to count upon it: it reminds them of His mercy in times of failure and loss of trust. Subsequently, the Old Testament gives thanks and glory for mercy every time that mercy is made manifest in the life of the people or in the lives of individuals.

In this way, mercy is in a certain sense contrasted with God's justice, and in many cases is shown to be not only more powerful than that justice but also more profound. Even the Old Testament teaches that, although justice is an authentic virtue in man, and in God signifies transcendent perfection nevertheless love is 'greater' than justice: greater in the sense that it is primary and fundamental. Love, so to speak, conditions justice and, in the final analysis, justice serves love. The primacy and superiority of love vis-avis justice - this is a mark of the whole of revelation - are revealed precisely through mercy. This seemed so obvious to the psalmists and prophets that the very term justice ended up by meaning the salvation accomplished by the Lord and His mercy. Mercy differs from justice, but is not in opposition to it, if we admit in the history of man - as the Old Testament precisely does - the presence of God, who already as Creator has linked Himself to His creature with a particular love. Love, by its very nature, excludes hatred and ill will towards the one to whom He once gave the gift of Himself: Nihil odisti eorum quae fecisti, "you hold nothing of what you have made in abhorrence". These words indicate the profound basis of the relationship between justice and mercy in God, in His relations with man and the world. They tell us that we must seek the lifegiving roots and intimate reasons for this relationship by going back to "the beginning", in the very mystery of creation. They foreshadow in the context of the Old Covenant the full revelation of God, who is "love".

Connected with the mystery of creation is the mystery of the election,

which in a special way shaped the history of the people whose spiritual father is Abraham by virtue of his faith. Nevertheless, through this people which journeys forward through the history both of the Old Covenant and of the New, that mystery of election refers to every man and woman, to the whole great human family. "I have loved you with an everlasting love, therefore I have continued my faithfulness to you." "For the mountains may depart...my steadfast love shall not depart from you, and my covenant of peace shall not be removed." This truth, once proclaimed

to Israel, involves a perspective of the whole history of man, a perspective both temporal and eschatological. Christ reveals the Father within the framework of the same perspective and on ground already prepared, as many pages of the Old Testament writings demonstrate. At the end of this revelation, on the night before He dies, He says to the apostle Philip these memorable words: "Have I been with you so long, and yet you do not know me...? He who has seen me has seen the Father."

Taken from www.vatican.va

Short Novena to St Michael the Archangel

(say for nine consecutive days)

Saint Michael the Archangel, loyal champion of God and His Catholic people, I turn to thee with confidence and seek thy powerful intercession. For the love of God, Who hast made thee so glorious in grace and power, and for the love of the Mother of Jesus, the Queen of the Angels, be pleased to hear my prayer. Thou knowest the value of my soul in the eyes of God. May no stain of evil ever disfigure its beauty. Help me to conquer the evil spirit who tempts me. I desire to imitate thy loyalty to God and Holy Mother Church and thy great love for God and men. And since thou art God's messenger for the care of His people, I entrust to thee this special request: (Here mention your request.) Saint Michael, since thou art, by the will of the Creator, the powerful intercessor of Christians, I have great confidence in thy prayers. I earnestly trust that if it is God's holy will, my petition will be granted. Pray for me, Saint Michael, and also for those I love. Protect us in all dangers of body and soul. Help us in our daily needs. Through thy powerful intercession, may we live a holy life, die a happy death and reach Heaven where we may praise and love God with thee forever. Amen.

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Belarus Project

hank you for your ongoing support and generous donations. With God everything is possible. The shell of the pastoral centre is now complete. One day inside of this new building I hope to have the basic fundamentals such as running water, a gas supply and electricity. Then when funds allow we will install a small kitchen. Mary Doogan has donated CD's called Queen of Peace with beautiful hymns. All donations from the CD's will go to wards floor tiles to cover the bare concrete floor. No gift is too small to make a difference to the youth of my parish.



■ Polish Bishop T Kondrusiewicz visiting the nearly completed pastoral centre in Gatowo



There are three easy ways to pay, please make all donations via the Global Children's Foundation.

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www.globalchildrensfoundation.org.uk to find the link to our Just Giving page to make a one-off or monthly donation.

I am very grateful for your financial support. Every Tuesday (the day of St Michael the Archangel) I celebrate a Mass for all the donors of this project.

Special thanks to Father Peter Prusakiewicz CSMA, the chief editor of The Angels magazine, who is the patron of this work. With my gift of prayer and a humble heart. God bless you.

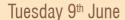
Father **Christopher Poświata** CSMA Belarus Project Global Children's Foundation PO Box 4332, Harlington, Dunstable, Beds LU5 6NR UK

Walking in the footsteps of St Faustina. English speaking Divine Mercy Pilgrimage to Poland and Lithuania lead by Fr Peter Prusakiewicz CSMA

9th – 16th June 2015

Warsaw, Glogowiec, Plock, Niepokalanow and Vilnius

Pigrims will have the choice of coming for the full pilgrimage starting and finishing in Warsaw or having their return flight from Vilnus in the four day and six day options.



Arrival at hotel in Warsaw. The Holy Mass in the chapel at Zytnia Street. Evening meal in hotel restaurant with group.

Wednesday 10th June

Visit to the birth place and Holy Mass at the Church in Swinice Warckie where she was baptised. Visit to Plock, where Jesus as King of Divine Mercy asked her to paint the image. Visit the Shrine of Blessed Mother in Niepokalanow where St Maksymilian Kolbe lived. Evening meal in a restaurant in the Old Town in the market square.

Thursday 11th June

Depart for Vilnius, on route will go to Ostrowek where she was a domestic servant. Holy Mass in the chapel in Ostrowek. Evening meal at hotel in Vilnius.

Friday 12th June

Visit the room where the Divine Mercy image was first painted. Visit the convent where Jesus dictated to her the dairy. The Holy Mass for our group followed by a talk from one sisters. Stations of the Cross.

Saturday 13th June

The Holy Mass in English at the shrine of Our Lady called Ostra Brama. Sightseeing in Vilnius with a professional guide. Evening meal in the hotel.

Sunday 14th June

Holy Mass in front of the original Divine Mercy Image in the Shrine. Holy Hour - free time. Evening meal in the hotel restaurant.

Monday 15th June

Return journey by coach to Warsaw for those staying overnight.

Option 1

Departure for Warsaw by coach.

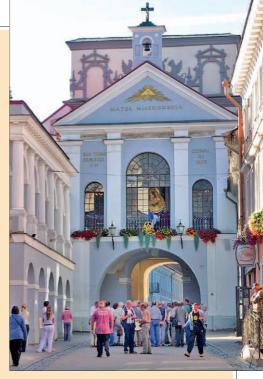
Option 2 & 3

Depart for airport flight from Vilnius or Kowno.

Tuesday 16th June

Option 1

Morning Mass at Church of John the Baptist 12 Bonifraterska Street,



Ostra Brama, Vilnius, Lithuania

Warsaw followed by breakfast and check out of hotel.

Option 1 – Seven nights £495.00 / €599 / \$780 (Twin Room)

+ *Flights* Arrive and depart from Warsaw

Option 2 – Six nights £445 / €557 / \$758

+ *Flights* Arrive in Warsaw and depart from Vilnius

Option 3 – Four nights in Vilnius £345 / €430 / \$585 USD

+ *Flights* Arrive and depart from Lithuania only

Plus single room supplement £20/€25.00/\$35 per person per night

For more information contact:

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Prayer, Words and Actions of Love

"Prayer is, for me, an outburst from the heart; it is a simple glance darted upwards to heaven; it is a cry of gratitude and of love in the midst of trial as in the midst of joy!" St Thérese of Lisieux

 ↑ he catechism definition of prayer is "the raising up of the mind and heart to God"! We all have our favourite prayers but there are as many prayers as there are people for each person is in fact, a prayer, a creation made to give glory to God. We each have, of course, a favourite, well-loved prayer. For some it is the Lord's prayer, the Our Father, and a perfect prayer if lived out, a Hail Mary - the Rosary- a Novena - words of a saint, or something that we read or made up ourselves. But is that all that prayer is, a repetition of a certain form of words even if heartfelt? Of course they make up what is a huge number of ways in which we do "the action" which we call prayer.

Let us unpick and look carefully at what prayer is and should be for all of us. First of all, it is possible for all people to pray. It is not something only for the pious or devout, priests or religious, or for special circumstances or situations. Indeed it is the easiest thing to do for it is at the base of what we are made to do... interestingly we often forget the "heart" when we think of prayer thinking that God requires a certain form of perfected words, or to be clever and repeat long sets of words. Some of these are helpful and

beautiful, enriching and can lead us on, but none are actually required for prayer. We are made for relationship and the Father, Son and Holy Spirit long to communicate with us. We are mere children and he loves, longs for our simple words of love, or thanksgiving, or requests and our apologies. He does not expect a degree in theology, and begs us not "to babble as the pagans do". He wants our hearts to be lifted up to Him with all our daily concerns and worries and the many things we carry in our hearts. How often we have things that concern us and instead of speaking to the Lord directly about these, our successes or failures, we sidestep these and produce other people's words to convey them to God, often with no link between the two.

Prayer then is, first and foremost, a communion, a relationship, alive and active which takes us to the heart of God. Our hearts become conjoined with His... Prayer unites us to Him and to each other - His heart always available, always listening, abounding in mercy and love hears us. This is so important for too often we think of God as distant and our prayer reflects this. But he always listens and hears and loves us in our ordinariness and littleness.

When a child learns to speak it grasps a few words, little phrases, but to the parents they are like pearls which bring joy and are no less than the words spoken later in their fullness. Jesus himself referred to His Father as Abba, Daddy, and reminds us to be as little children - so the first step to real prayer is to be simple and childlike.

Prayers such as "Help me" or "I'm lost", "Thank you Jesus" are heart prayers which require nothing save the truth and a loving heart. Now some would now be saying – so why have all these prayers, or I love the rosary or this or that devotion. These of course are crucial too and especially for communal prayer. For we pray singly and together as God's people. Repetitious prayer too not only stills us but leads us ever more deeply into communication with each other but also leaves us free to make reflections and thoughts about the life of Jesus and the Gospels. Obviously collective prayer has to have a format. It is interesting to note that these prayers said from the heart lead to silence. The mysteries of the rosary make us meditate on the Scriptures and lead us into a better way of living. This is also true of the psalms especially in the morning and evening prayer of



the Church (the Divine Office) now prayed by many lay people and not just in religious communities or by priests. Some psalms are well known such as "The Lord is my Shepherd" and can guide and lead us into more prayer.

Using our minds too is important, as well as our heart and is called meditation. This too, often has today, a kind of image of either a guru on a prayer mat or people sitting for hours waiting for lofty thoughts or performing some difficult exercise, whereas in fact listening and pondering the words of a reading at Mass or the Gospel is meditation, reflection, especially when we try to live it out ourselves. Such prayer can lead us to silence as we are awed or stuck by the Word. Sometimes as we sit in a quiet place, or our garden or in the countryside, we are transported to think of the Creator or stilled into simply being in his presence. This can happen anywhere and is a precious moment for us but being in the presence of God, simply being, is also a very important part of prayer. Exposition of the Blessed Sacrament is a place where this can happen but any time or place is suitable for this

at-oneness with God. This is a place of listening to the Lord.

Yes, listening, for it is not only the words that we use, but those which He uses to speak to us that form prayer. Remember that it is an "exchange", a conversation between two people in love. When two people love each other words are not necessary. A glance, a small touch is sufficient, but they are listening to each other, both in this and when they speak. The Lord does and will speak to us if we listen - he may do so directly, or through others, or even a sense of something felt in the heart. Cultivating this silent listening is crucial in our journey in communication.

But is it only about words and thoughts? Certainly not! We all have work to do; our everyday lives are full of action, paid employment, parenthood, recreation – so how can we spend time in prayer? The answer is simple. Our lives, our actions must become prayer.

We are made for service and our everyday actions should reflect our belongingness to God. As St Teresa of Avila said ... "we must find God amidst

the pots and pans". We can do this by offering our actions to God, or deeper, we can do this in union with God... that is we make our actions speak as we do them to the best of our ability and with great love. When a parent reads a story, changes nappies, feeds the family, goes out to work, plays with the children, corrects them, is he/ she more or less a parent? The answer is they are in all these things, not more or less. In the same way all our actions are valuable when carrying out the duties of the day. Our lives become a prayer; all that we do becomes a relationship with God, whether we think of Him at any moment or not.

This gentle self-giving is as much a prayer as the words that we utter the Holy Spirit is our guide in prayer – He leads us and what is certain is that without prayer, lived out prayer, we cannot serve God and our fellow man adequately as the transforming action of prayer perfects us. The Holy Spirit prays for us and within us when words are impossible.

For a Catholic, keeping the Sabbath holy – the obligation of Sunday (Saturday) Mass is crucial for with the Mass we have all the elements of prayer mentioned. We are fed and united with the Holy Trinity and all the saints, which in turn allows us to develop a sacrificial form of life as prayer. The saints did not pray the Mass but *lived* it. **Our lives must become prayer.**

Resolve to make this a priority. Decide on a few moments of listening to God, a few words of love, and everything done with love; then we will pray as Jesus did giving glory to God.

Halina Holman

Taken from "Encouragement" Issue 26 www.thehostapostolate.org

God blessed America

n 16 May 2014 the people gathered at the Queen of Peace Catholic church in La Marque, Texas and were eager to learn more about Divine Mercy, St Faustina and the Holy Angels by Fr Peter Prusakiewicz CSMA.

The event began with one decade of the Holy Rosary was prayed and the song, "Spirit of the Living God" was sung welcoming the Holy Spirit. Father Peter's first talk was on Divine Mercy, followed by the Divine Mercy Chaplet and then Veneration of St Faustina's relic. After a break a talk was given on the Holy Angels then all prayed the angelic Chaplet of St Michael. There were many people in attendance that were very knowledgeable about Divine Mercy and had a thirst to learn more and also wanted to know more about St Michael and the Holy Angels.

Dora Sandino who attended the event and gave a testimony that it was by the intercession of St Faustina that her son, who is 59 years old is still alive. He was diagnosed with congenital heart disease, double pneumonia, influenza and the doctors said there was not much hope for his recovery. Undaunted by this news, Dora leaned heavily on the power of prayer, trust in Jesus and the intercession of St Faustina. Dora drove every day to the hospital and prayed the Chaplet of Divine Mercy while looking at her son and trusting in Divine Mercy and St Faustina's intercession. She did this for 6 weeks (note this was an 18 mile drive one way (29 km), a long drive for an elderly mother). Her son entered rehabilitation in May and could

not take care of himself. By May 9th (nine days later) he was able to take care of himself and go home. As Dora was speaking it was noticed that a steady stream of tears continued to flow from her eyes, tears of extreme joy and thanksgiving and relief that Jesus had brought healing to Dora's son. This testimony brings reminders of the gospel message of the "widow of Nain" (LK 7:11-17).

Organisers Charles and Angelica Dillner said "One gentleman who attended the event said he thought he had every book on the Divine Mercy but some of the information Fr Peter spoke about he had never heard of or read before.

The co-ordinators at Queen of Peace had a beautifully decorated altar set up with a crucifix, a photo of St John Paul II, a Divine Mercy image and other holy items that really invited the crowd to such a wonderful talk and to learn more about a beautiful spirituality. Fr Peter stated during the talk: "the Divine Mercy message is simple, it is to save souls and bring everybody to the Divine Mercy of Jesus." We were very thankful for Fr Chocko, pastor of Queen of Peace, La Marque, Texas and all of the co-ordinators at Queen of Peace for extending the very warm invitation and hospitality of hosting the first talk on the opening night in Texas. All for the Glory of God. "For where two or three are gathered together in my name, there am I in the midst of them" (Mt 18:20).

On 20th May and 21st May 2014, Craig Richardson organised the visit to the Washington D.C. area and he said "Good crowds came to hear the word of God and the message on Divine Mercy was very powerful." Father spoke at Saint Patrick's Catholic Church in Rockville, Maryland, and St John the Beloved Catholic Church in McLean, Virginia.

On Friday 23rd May 2014 the next stop was Chicago and two talks were given on Growing in Faith in Divine Mercy and Living in the Presence of the Angels at St Patrick Parish, St Charles, Illinois 60175. Mary Maiers reported "All were so touched by the Holy Spirit. You could feel it in the church, many weeping and hugging. I have received comments and calls from our parishioners that they would love to hear more talks in the future. So many in attendance are followers of the Divine Mercy devotion, and felt truly blessed by the veneration of St Faustina's relic."

On 24th & 25th May 2014, Adam and Barbara Radolinski who organised talks over the whole weekend at St Mary of the Cataract R.C. parish in Niagara Falls, New York 14303. Adam said "Many hearts and minds were touched, by the word of God and the beautiful sermon on the angels. Thank you for inspiring me in this venture."

Fr Peter visited "The Station of the Cross", a Catholic radio network, which broadcasts in several cities of western New York State and northern Pennsylvania. In the Buffalo area it can be listened to on WLOF 101.7. One can listen to live and pre-recorded



programs also on the internet (www. thestationofthecross.com). This radio station has also close connections with EWTN of Atlanta (Mother Angelica). Father Jacek Mazur serves as a regular local radio host. He suggested to "tape" an interview with Father Peter Prusakiewicz CSMA on Divine Mercy, Saint Faustina and the Angels. It was recorded on May 24th. Two 20 minute and one 10 minute segments were recorded and are available to listeners.

Monday 26th & Tuesday 27th May 2014. Our Lady of Perpetual Help Parish 929 Harvard Avenue, Clovis California 93612. Organiser Marie Farley said: "Through the grace of God people received the Sacrament

of Reconciliation, listened intently to the talks and stayed for the Eucharistic Healing Mass. There seemed to be spiritual healing throughout this mission. Strangers became volunteers and friends. One gentleman spoke to us the next morning and told us that he felt filled with the Holy Spirit and he was so grateful to us for organising this service. Others were very touched and said this experience had changed their lives and outlook. For me, it is a very vibrant example of how Divine Mercy is working for allof us. I felt privileged and honoured to be of service. I feel as though time is fleeting and I need to do more, to love more, to forgive more, to pray more. It is hard really to explain, I just know it has made a tremendous

difference in my life at least for now and I am trying to hold on to this and to make it a practice so that I do not forget how wonderful and merciful Jesus is. Due to the fruitful visit I have been asked to co-ordinate and organise the next mission for April 2015 in CA. I am sure through God's love and mercy, once again friends and parishioners will come forward to help me."

On 28th May 2014 two talks were given on St John Paul II and Walking in the Footsteps of St Faustina after the Holy Mass and the Eucharistic Healing Service at St Louis de Montfort Church, Santa Maria, California 93455.

Becky Barnett said "Through prayer the numbers exceeded our expectations so much so that we had to move to a bigger venue to accommodate all who had reserved a seat. It was wonderful to see so many in attendance who were just learning about the Divine Mercy Message for the first time and the role of the two mercy saints St Faustina and St John Paul II played in making the message known. Many of the highlights of the day included interesting talks, prayers from the treasury of the Church such as the Sorrowful Rosary with meditations taken from the Diaryof St Faustina, Walking the Stations of the Cross written by St John Paul II, Sacrament of Reconciliation, Adoration of the Blessed Sacrament and we closed the day with a Eucharistic Healing Mass that evening. The mother of the two altar servers had thanked me for inviting the high schoolers to participate in the evening service. They were in awe of Father Peter's love and reverence for the real presence in the Blessed Sacrament So many lives blessed by this retreat. We thank God for including Santa Maria, California in the mission trip."

Saturday 31st May 2014 beganwith the Holy Mass and Holy Hour with three talks on The Divine Mercy, St Michael & the Nine Choirs of Angels at the St Thomas Korean Catholic Centre, Anaheim, CA 92801. Loudy and Michael Carroll met Fr Peter on an English speaking pilgrimage to Cracow in May 2013.

Lourdes said "The day retreat on Divine Mercy and the Angels was on the Feast of the Visitation, the word to describe it would be heavenly. We, the intercessors of Divine Mercy are very grateful to God for this visit to Orange County California. We had approximately 500 people at St Thomas KCC. I personally experienced an overwhelming interest of many people in attending this day, not just from Orange County and Los Angeles but

from other surrounding counties. St Thomas Church was tastefully preparedincluding pictures provided by Divine Mercy icons. There was also a table at the altar with the first class relic of St Faustina, there is no word to describe the privilege and honour we felt to have her present here with us.

"Fr Peter celebrated a Eucharistic Healing Mass accompanied by beautiful songs and hymns, followed by blessings with the relic of St Faustina. On every break, due to the number of attendees, everyone was given the opportunity to receive a personal prayer and blessing with the relic. We felt God's love which touched everyone's heart, not just with the prayers and blessings but with through the inspiring talks about Divine Mercy, St Faustina and the Holy Angels. Though we have been involved in the Divine

Mercy Devotion and ministry for years, it was truly refreshing to listen to Fr Peter's teachings going deeper into the message of Divine Mercy and the Holy Angels.

"We have received messages of gratitude for special graces received and for the spiritual gifts we all experienced from many people that attended. We look forward to a return visit in the near future."

Lourdes also arranged for Fr Peter to speak at a nearby Polish Center at 3999 Rose Dr, Yorba Linda, California 92886 and Fr Henry Noga SVD (Pastor/ Director) has invited Fr Peter to lead a retreat from Thursday 21st – 25th March 2015.

Thank you to all the organisers who made this mission possible.

Noreen Bavister, UK

ANGELIC PILGRIMAGE

31st August – 7th September 2015

Saints of the Divine Mercy – St Faustina, St John Paul II 10th Divine Mercy Pilgrimage to Poland lead by Father Peter Prusakiewicz CSMA

PRICE £495 / €599 / \$780 + flight to Cracow

- Divine Mercy shrine in Cracow
- Shrine of John Paul II in Cracow
- The birth place of JPII in Wadowice and shrine of Our Lady of Sorrows in Kalwaria Zebrzydowska
- Shrine of Our Black Madonna in Czestochowa
- Shrine of St Michael the Archangel in Miejsce Piastowe
- The Old Town of Cracow
- The concentration camp in Auschwitz
- The salt mine in Wieliczka

Single room supplement £140 / €165 / \$225



Our Black Madonna in Czestochowa, Poland

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Phone: +44 (0)7999-868-412 Email: lilymlister@virginmedia.com

Warrior of God

Mighty warrior angel of God, St Michael,

You have heard me call many times, times when I have felt evil surround me,

Times when I need your strength, faith and love,

I wait to hear the steady beat of your wings when I call,

Let me rest under the shade of your gentle wings,

As you stand guard, let me hide behind your shield of love,

The waves of light from you St Michael

will light my way out of the darkness and evil that surrounds me.

St Michael Archangel of God's legions of angels,

To you we pray when darkness engulfs us,

To you we pray when we are afraid,

You always answer and take away our fears,

My prayers I send to you to lay before our God,

You his most treasured angel in heaven,

His general, his courage and strength,

Your armour shines with love for the Lord,

Your sword filled with light and faith,

Always standing guard and ready to lead us out of darkness.

Guardian of Israel, protector of all God's people, we need you now more than ever before,

Your strength and love of God gives us courage and comfort, glorious St Michael,

Guardian, defender of the Church of Jesus,

Guard especially our priests and all religious brothers and sisters,

enfold them in your mighty yet gentle wings,

cover them with your cloak of strength and faithfulness

Never was there a more faithful servant of God.

The warrior angel who stands behind our God and Lord, ready to defend our Saviour,

Ready to lead the Lord's legions of angels into battle,

You who are the standard bearer of God's armies,

Intercede for me to our King, to fight my last battle in this life,

be with me when my time is near, when I see Jesus face to face.

Let your shield by my shield, Let your sword be my sword,

Let your love, strength, faith and courage

by my love, strength, faith and courage,

Till the battle is won, and you most glorious angel of God have won the final battle,

and there is peace in eternity for ever and ever.

Teresa Smith

Lancashire, England

■ St Michael vanquishing Satan, Italian school, late 17th cent or early 18th cent

St Bernard of Clairvaux on angels

We cite here his meditation on the nine choirs of angels and their ministries towards God and men.

he Angels (meaning here the ninth choir), looking with undeviating gaze into the profound abyss of the divine judgments, are filled with inexpressible joy at the sight of their supreme righteousness; it is their glory that, through their ministry, these judgments are put into operation and made known to men. For this reason they so rightly love the Lord Christ. Scripture says: "The truth is, they are all spirits whose work is service, sent to help those who will be the heirs of salvation" [cf. Heb 1:14].

And the **Archangels** — whom we must regard as differing in some degree from those called Angels — experience a delight that is filled with awe as they enter more closely into the councils of eternal wisdom, and are commissioned to execute them with supreme skill at the proper place and time. Here you have the reason why these in turn love the Lord Christ.

Other blessed spirits are named **Virtues** because their God-given vocation is to explore and admire with a happy curiosity the hidden and eternal causes of signs and wonders, signs that they display throughout the earth whenever they please by the powerful manipulation of the elements. As



■ The Vision of St Bernard by Fra Bartolommeo, c. 1504

a consequence, these naturally burn with love for the Lord of Hosts, for Christ, the power of God. For it is an occupation full of sweetness and grace to contemplate the obscure mysteries of wisdom in Wisdom itself, a source of the greatest honour and glory that the effects produced by causes hidden in the Word of God should be revealed for the world's admiration by their ministry.

Yet other spirits are named **Powers**. While these find their happiness in contemplating and praising the divine

omnipotence of our crucified Lord that extends so effectively into every place, they are also gifted with the power to overthrow and subdue the hostile power of demons and men in defence of those who will be the heirs of salvation. And surely these have a perfect reason for loving the Lord Jesus.

Above them are the **Principalities**, who, contemplating Him from their higher vantage point, clearly perceive that He is the source whence all things spring, the first-born of all creation. So great is the princely dignity with

which they are endowed that nothing on earth is outside their dominion; and from their exalted seat of power they change and regulate at will the fall of kingdoms and governments and officials of any rank. According to individual merits they place those who are first in the last place and the last first; they pull down the mighty from their thrones and exalt the lowly. This is the source of their incentive to love.

Then come the **Dominations**, who also love the Lord [Jesus]. And the reason? With a presumption meriting only praise they probe more piercingly and sublimely into the limitless and insuperable lordship of Christ, whose presence and power reach everywhere throughout the universe. With a planned excellence, He bends all things from the highest to the lowest to the sway of His supremely upright will: the succession of the seasons, the movement of bodies, the propensities of the mind. He exercises this control with so provident a care that not one of these phenomena suffers the minutest failure in its functioning, not even by an iota; and He does it with an effort so facile that He feels not the least disquietude or misgiving. Fascinated by the flawless tranquility with which the Lord of hosts governs the universe, they are caught up in a wondrous ecstasy of contemplation that is utterly delightful, utterly intense; and, consciously transported into the mighty ocean of God's splendour, they find themselves in a secret haven so serenely calm, so completely and securely peaceful, that while they recline there...the other angelic hosts, out of reverence for their prerogative of unimpeachable dominance, perform official services on their behalf.

Next come the **Thrones**, who are the seat of God. These spirits have a more just cause and more abundant reasons

for loving than all the others we have mentioned. For when you enter the king's palace do you not see that though there are footstools, chairs and armchairs in every room, the king's throne is on a higher level? You do not have to ask where the king usually sits; you notice at once the seat that is more ornate and more elevated than the rest. And so vou must understand that the adorned beauty of these spirits surpasses that of all the others, for upon them by a special and stupendous act of graciousness, the God of majesty has chosen to take His seat. If a seated posture symbolises the teaching office, one may presume that Christ, the Wisdom of God, our unique teacher in heaven and on earth, although reaching everywhere because of His spiritual power, yet imparts a special light to these in particular on whom He is throned, and from this august rostrum teaches knowledge to angels and to men. The Angels receive knowledge of God's judgments, the Archangels of His counsels. The Virtues discover the time, place and nature of the signs they are to perform; and all, whether Powers or Principalities or Dominations, learn the extent of their official duties, the privileges of their exalted rank and a caution to which all must pay heed, not to abuse the power they have received for the sake of their own glory or convenience.

Then there are those multitudes of spirits called **Cherubim**. If we understand them in terms of their title, it seems to me that they possess nothing received from or by means of the others; for they are free to drink their fill from the very fountainhead, under the benign patronage of the Lord Jesus Himself, who leads them on to the very fullness of truth and eagerly unfolds before their gaze the treasures of wisdom and knowledge hoarded in the depths of His being. Neither do

the spirits we call **Seraphim** depend on them for anything, for God, who is Love, has so drawn and assimilated them to Himself, so filled them with the ardour of affection that burns in Himself, that they seem to be one spirit with God, just as fire that flames into the air imparts its own heat and colour to it and the enkindled air becomes part of the very fire. The Cherubim's bent is to contemplate God's infinite knowledge, the Seraphim adhere to the Love that never ends. Hence they derive their names from that occupation in which each is preeminent: the name Cherub denotes one filled with knowledge, the name Seraph one inflamed with or inciting to love.

St **Bernard** of Clairvaux Taken from: www.opusangelorum.org



Archangel Raphael with Tobias by Pietro Perugino, c. 1496-1500

2014

SCOTLAND

12th - 14th September **NEW! Divine Mercy.**

Following in the footsteps of St Faustina

Craig Lodge, Dalmally, Argyll. PA33 1AR Phone: +44 (0) 4838-200-216

Email: mail@craiglodge.org www.craiglodge.org

25th October

9.00am - 5.00pm

Divine Mercy Conference

St Mirin's Cathedral, Paisley

10.15 am Fr P Prusakiewicz CSMA 4.00 pm Holy Mass - Bishop J Keenan

Contact: Helen Border Phone:+44 (0) 778-6097-147 Email: Helen.Border@glasgow.ac.uk

14th - 16th November St Michael and his angels

Craig Lodge, Dalmally, Argyll, PA33 1AR Phone: +44 (0) 4838-200-216 Email: mail@craiglodge.org www.craiglodge.org

17th November Holy Mass 7.00pm

Talk on St Michael and the Holy Angels

St Ninian's Church, Cardenden, Fife KY5 0JG Contact: Fr Wojciech Phone: +44 (1) 592 722056

18th November Holy Mass 7.00pm

Talk on the Holy Souls

St Monica's Church Sharp Avenue, Coatbridge North Lanarkshire ML RP Contact: Fr Lockhart Phone: +44 (0) 1236 421750

19th November Holy Mass 7.00pm

Talk on The Divine Mercy and the Holy Angels

St Vincent de Paul Church Tinto Way, Greenhills, East Kilbride G75 9DQ Contact: Fr Ivan Boyle Phone: +44 (0) 1355 243619

20th November

Holy Mass 7.00pm

Talk on the Holy Souls

St Patrick's Church Strathleven Place. Dumbarton G8 21BA

Contact: Canon Gerard Conroy Phone: +44 (0)1389 732807

SPAIN

28th September

Marbella

Contact: Denise Fitzpatrick Phone: +34 956 796 259

Email: denisecannes@hotmail.co.uk

29th - 30th September

Gibraltar

Contact: Denise Fitzpatrick Phone: +34 956 796 259

Email:

denisecannes@hotmail.co.uk

3th - 5th October 2014

Divine Mercy Shrine Peublo Neuvo de Guadiaro Contact: Denise Fitzpatrick Phone: +34 956 796 259 Email:

denisecannes@hotmail.co.uk

WALES

17th - 19th October 2014

Living in the Presence of the Angels

Franciscan Friary, Monastery Road, Pantasaph Holywell, Flintshire. CH8 8PE Contact: Br. Keith Windsor (OFM) Phone office: +44 (0) 1352-711-053

USA

31st October - 2nd November 2014

Divine Mercy Retreat

Our Sorrowful Mother's Ministry 331 North 7th Street Vandalia, Illinois 62471 Contact: Debbie Pryor Email: d.pryor1@yahoo.com www.osmm.org

2015

ENGLAND

23rd January at 6.30pm

Our Lady of Perpetual Succour and St Anselm RC Church 1 Elwes Way, Great Billing Northampton NN3 9EA Contact: Fr Damien Walne Phone: +44 (1) 604-406-410

Email:

frdamien@ourladyandstanselm.org

24th - 25th January

All Masses

St Peter the Apostle RC Church 103 Woolwich New Road, London, SE18 6EF

Contact: Fr Michael Branch Phone:+44-208-854-0359

CANADA

28th February – 3rd March Retreat

St Michael's Parish

1920 Wildwood Drive. P.O. Box 369 Brights Grove ON N0N 1C0, Canada Contact: Fr Vince Gulikers Phone: 519–869–2845 email: vgulikers@dol.ca

USA

8th - 15th March

St Michael and the Holy Angels Retreat

St Clare of Montefalco Parish, Detroit/Grosse Pointe Park, MI, USA Contact: Fr Andrew Kowalczyk Phone: +1 -313-647-5000 Email: andrewk@stclarem.org

21st – 25th March Divine Mercy Retreat

Pope John Paul II Polish Centre 3999 Rose Drive Yorba Linda, California 92886 Contact: Fr Henry Noga SVD (Pastor/Director)

Phone: +1-714-996-8161

10th – 15th April Talks: Divine Mercy

St Anthony of Padua Catholic Church 5770 N. Maroa Fresno, California 93704 Contact: Marie Farley Phone: +1 805–878–6902 Email: mariefarley@live.com

IRELAND

8th May 2 – 5.00pm: 2.00pm Holy Mass Divine Mercy and The Knighthood of St Michael Rosa Mystica, Glenleighan, Fintown, Co Donegal.

Contact: Mary Doogan Phone: +44 (0)7854-387-409

Email: marytdoogan@yahoo.co.uk

9th May

9.00am – 6.00pm Whole Day Retreat 10th May

9:00am – 6:00pm Whole Day Retreat Talks on St Michael the Archangel

Talks on St Michael the Archange / Divine Mercy

The La Verna Retreat Centre Rossnowlagh, Co Donegal, Ireland Contact: Claire O'Shea Phone: + 353 (0) 71–9852–572

email:

lavernarossnowlagh@hotmail.com www.lavernaretreat.com

14th May 7.30pm Mass

Talks on Divine Mercy and St Michael the Archangel

Church of the Immaculate Conception Church Rd, Mitchelstown Co. Cork. Ireland Contact:

Rev. Fr Michael Fitzgerald PP Phone: +353 (0) 25–840–90 Parish office: +353 (0) 25–84–062 Email:

mitchelstownparishoffice@eircom.net

15th – 17th May 7.30pm Holy Mass Divine Mercy and Holy Angels Retreat

Pallotine College Chapel Kickham Street, Thurles. Co Tipperay. Ireland Contact: Fr Emmet O'Hara Phone: +353–504–21202 www.thurlesparish.ie

INVITATION

Divine Mercy Day of Prayer of Intercession for the Peace of Syria, Iraq and the entire Middle East

Saturday October 4th 2014 Westminster Cathedral 9.30am to 3.45pm

Led by Mgr. Keith Barltrop & Fr. Shafiq Abouzayd in the welcome presence of Archbishop Samir Nassar Maronite Archbishop of Damascus

Come to pray in solidarity with the persecuted & suffering Church of the Middle East

We need to pray as never before...

Contact Antonia by email: antonia4161@gmail.com for further details



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London SW1V 1BB

Phone: +44(0)20–834–5363

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> Deputy Editor and Chief Co-ordinator: Noreen Bavister

PRAYER

Morning Offering

Dear Lord, I do not know what will happen to me today. I only know that nothing will happen that was not foreseen by You, and directed to my greater good from all eternity. I adore Your holy and unfathomable plans, and submit to them with all my heart for love of You, the Pope, and the Immaculate Heart of Mary. Amen.

Prayer to all the angels

All you holy angels and archangels, thrones and dominations, principalities and powers, the virtues of heaven, cherubim and seraphim, praise the Lord forever. Amen.

Good night to the guardian angel

Good night, my guardian angel, the day has sped away. Well spent or ill, its story is written down for aye. And now, of God's kind Providence, Thou image pure and bright. Watch over me while I am sleeping. My Angel dear, good night!





Chaplet of St Michael

- L. In the name of the Father, and of the Son and of the Holy Spirit.
- A. Amen

Say the following prayer on the medal:

O God, come to my assistance. O Lord, make haste to help me. Glory be to the Father, etc.

1. By the intercession of St Michael and the celestial Choir of Seraphim, may the Lord make us worthy to burn with the fire of perfect charity. Amen.

(1 Our Father on the first large bead, 3 Hail Marys on the next three small beads)

- 2. By the intercession of St Michael and the celestial Choir of Cherubim, may the Lord vouchsafe to grant us grace to leave the ways of wickedness, to run in the paths of Christian perfection. Amen. (1 Our Father, 3 Hail Marys)
- 3. By the intercession of St Michael and the celestial Choir of Thrones, may the Lord infuse into our hearts a true and sincere spirit of humility. Amen.

(1 Our Father, 3 Hail Marys)

4. By the intercession of St Michael and the celestial Choir of Dominions, may the Lord give us grace to govern our senses and subdue our unruly passions. Amen.

(1 Our Father, 3 Hail Marys)

- 5. By the intercession of St Michael and the celestial Choir of Powers, may the Lord vouchsafe to protect our souls against the snares and temptations of the Devil. Amen. (1 Our Father, 3 Hail Marys)
- 6. By the intercession of St Michael and the celestial Choir of Virtues, may the Lord deliver us from evil and suffer us not to fall into temptation. Amen.

(1 Our Father, 3 Hail Marys)

7. By the intercession of St Michael and the Celestial Choir of Principalities, may God fill our souls with a true spirit of obedience. Amen.

(1 Our Father, 3 Hail Marys)

8. By the intercession of St Michael and the celestial Choir of Archangels, may the Lord give us perseverance in faith and in all good works, in order that we gain the glory of Paradise. Amen.

(1 Our Father, 3 Hail Marys)

9. By the intercession of St Michael and the celestial Choir of Angels, may the Lord grant us to be protected by them in this mortal life and conducted hereafter to eternal glory. Amen.

(1 Our Father, 3 Hail Marys)

Recite on the next four beads:

- 1 Our Father in honour of St Michael
- 1 Our Father in honour of St Gabriel
- 1 Our Father in honour of St Raphael
- 1 Our Father in honour of our Guardian Angel

O glorious prince, St Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the Divine King, and our admirable conductor, who shines with excellence and superhuman virtue, vouchsafe to deliver us from evil, who turn to you with confidence, and enable us by your gracious protection to serve God more and more faithfully every day. Amen.

Prayer of Pope Leo XIII

Saint Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the Devil. May God rebuke him, we humbly pray and do thou, O Prince of the heavenly host, by the Divine Power of God, cast into hell Satan and all the evil spirits who wander throughout the world seeking the ruin of souls.